

## LIFE GROUP BIBLE STUDY

Based on the message of Sunday, January 19th, 2025

Title: No Pain, No Gain

### 1. Trust God's Sovereignty

**Key Verse:**

"You intended to harm me, but God intended it all for good. He brought me to this position so I could save the lives of many people." (Genesis 50:20, NLT)

**Reflection:**

God is always in charge, even when life feels chaotic or unfair. Joseph's journey from the pit to Potiphar's house, prison, and ultimately the palace shows God's hand at work through every trial.

Trusting God means believing He can transform what others mean for harm into good.

**Question:**

In what areas of your life do you need to trust God's sovereignty more fully?

### 2. Persevere Through Trials

**Key Verse:**

"And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope." (Romans 5:3-4, NKJV)

**Reflection:**

Trials are not punishment but preparation. God allowed Joseph to face betrayal and injustice to strengthen his character and build his faith for greater leadership.

Perseverance through trials produces spiritual growth and maturity.

**Question:**

How have you seen perseverance shape your character during difficult times?

### 3. Live with Integrity and Forgiveness

**Key Verse:** "How then could I do such a wicked thing and sin against God?" (Genesis 39:9, NIV)

"Do not be distressed or angry with yourselves because you sold me here, for God sent me before you to preserve life." (Genesis 45:5, ESV)

**Reflection:** Joseph remained faithful to God and resisted temptation, choosing holiness over compromise. He refused to sin against God, even when no one was watching.

Forgiveness was a defining trait in Joseph's story. Instead of seeking revenge, he recognized God's purpose and let go of bitterness.

**Question:** Are you living with integrity in your private and public life?